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TITLE	Parents Who Love Too Much: How Good Parents Can Learn To Love More Wisely and Develop Children of Character.
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ABSTRACT

Parents often overcompensate in their relationships with their children because of their own guilt brought on by the pressures of work and other responsibilities, so that the relationship is characterized by guilt and manipulation rather than by honesty, cooperation, and respect. This book is designed to help parents discover the "kind and firm" approach to parenting. The book suggests specific actions, techniques, and attitudes that help parents give children what they need instead of what they want; learn to encourage and nurture without overindulging, overprotecting, or overcontrolling; and raise a self-reliant, respectful, and capable child. The chapters are: (1) "Is It Really Possible To Love Too Much?" (2) "What Is the Harm in Loving Too Much?" (3) "The Extremes of Loving Too Much: Permissiveness and Excessive Control"; (4) "Permissiveness: Good Intentions or by Default?" (5) "Why Now? The Reasons We Love Too Much"; (6) "Guilt: The Root of Loving Too Much"; (7) "Why Do Parents Keep Doing What Doesn't Work?" (8) "The Essential (and Uncomfortable) Process of Weaning"; (9) "Character Education at Home"; (10) "Healthy Loving: More of What Children Really Need"; (11) "Where Change Begins: Understanding Yourself as a Parent"; (12) "Personality: What's Your Priority?" (13) "The Bridge to Healthy Loving: Getting into Your Child's World"; and (14) "No More Extremes (At Least Hardly Ever): Kind and Firm Parenting in Action." (KB)

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